

TRIGGER
WARNING!
Sex Inside

COSMOPOLITAN

WILD SEX!

That Big Bang
Is the Sound of Your
Bed Breaking!

Crack the
BRO CODE
To Win Big
@Work

ONLINE
DATING S.O.S.
The 4 Texts
No Man Can
Resist!

KALEY
CUOCO
COMES OUT
ON TOP!

HOW TO
DEAL...
WHEN HE'S
BROKE &
YOU MAKE
BANK

glow on!

SHORTS SEASON!

3 Steps to
Lean Legs
and a
Tight Butt

Clear-Skin
Tricks
That Actually
Work

FREE
INSIDE
Get Cosmo
on Your iPad
and Phone

TIRED ALL DAY?

Sleep Secrets for High-Energy Mornings

APRIL 2016

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FROM THE EDITOR



Team Cosmo hit SoulCycle Chelsea for a (super sweaty) off-site meeting. Hey, the staff that spins together wins together!

My tools for surviving a spin session: a Derek Lam 10C x Athleta sports bra that doubles as a top (\$64, athleta.com) and HyperIce's Vibrating foam roller. It releases tension in your muscles like none other.



MEANWHILE, IN SWITZERLAND...

At The Girls' Lounge during the World Economic Forum in Davos, Intel boss-lady Roz Hudnell (right, with Cosmo's Laura Brounstein) breaks down what it really takes to be a successful woman in tech. Some choice advice: "Seize the power to be different." For more, see p. 182.



Flowers don't have to be complicated. These easy arrangements are inspired by my friend and NYC hostess Cathy Graham whose tablescapes are always Insta-worthy.



Finding my better side: Queen Kylie Jenner stopped by the office to school me in the art of selfies.

This Happened

COSMOPOLITAN EDITOR JOANNA COLES SHARES HER OBSESSIONS THIS MONTH. FOR MORE, FOLLOW @JOANNACOLE.



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CLOCKWISE FROM BOTTOM LEFT: LONI VENTI; STUART TYSON/STUDIO D; STYLIST: SABRINA GRANDE; THE GIRLS' LOUNGE: J MUCKLE/STUDIO D; SARAH ECKINGER; MARKO METZINGER/STUDIO D; STYLIST: CASSIUS IWERSEN.