

WE TRIED IT!

Fitness Gadgets

WHETHER YOU EXERCISE AT THE GYM OR IN YOUR LIVING ROOM, THESE 6 STAFFER-TESTED TECH TOOLS WILL TAKE YOUR WORKOUTS TO THE NEXT LEVEL

JABRA SPORT PACE WIRELESS EARBUDS

jabra.com

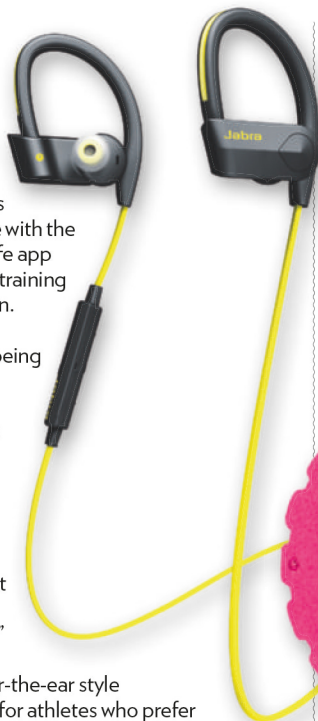
What It Is:

These comfy wireless earbuds come with the Jabra Sport Life app for on-the-go training and motivation.

Cost: \$99.99

Pro: Besides being durable (and staying put!), they charge in a flash. "I left them in my gym bag for a week, but a 15-minute charge bought me an hour-long workout," says a tester.

Con: The over-the-ear style may not work for athletes who prefer in-ear devices.



HYPERICE VYPER

hyperice.com

What It Is: Elite athletes swear by the foam roller's strong vibrations to warm up muscles and aid in recovery; Ashton Kutcher gifted it to his fitness-loving wife, Mila Kunis, for her 32nd birthday.

Pro: "I used this on my leg after a long run and didn't feel the usual kinks," says a staffer.

Con: This thing is powerful! "It hurt at first—but in a good way," says the staffer, who admits she was "a little worried it was so loud the neighbors could hear."



For her birthday, Mila Kunis got a Vyper vibrating roller from husband Ashton Kutcher.



Celeb fan
Mila Kunis



TOMTOM SPARK CARDIO+MUSIC GPS FITNESS WATCH

tomtom.com

What It Is: This full-scale fitness tracker holds 500 songs and comes with Bluetooth headphones.

Cost: \$249.99

Pro: "No more holding my iPhone when I work out!" says an editor. "I love feeling hands-free."

Con: "The interface took time to master," she says. "And it's pricey! But probably cheaper than dropping my phone and paying to replace it."

FITBIT CHARGE HR

fitbit.com

What It Is: Track calories burned, heart rate, sleep, workouts, active minutes and more with this band that boasts a five-day battery life.

Cost: \$149.95

Pro: "I liked knowing how close I was to reaching 10,000 steps a day," says an editor. "It encouraged me to take the long way home."

Con: "It definitely has the look of a fitness tracker—I never wore it when I needed to dress up."



Celeb fan
Jordana Brewster



GREAT FOR EARLY RISERS!

NATHAN NEBULA FIRE

nathansports.com

What It Is: Designed for runners by runners, this headlamp also keeps walkers—and even dog owners—safe when it's dark out.

Cost: \$75

Pro: "This was superuseful on my early-morning walks," says a staffer. "I could see where I was going, and I liked knowing drivers could spot me as well."

Con: "I felt a little silly wearing it, but at least I was the safest one out there!"

JAWBONE UP2

jawbone.com

What It Is: The simple and reliable UP2 line introduces fashionable new colors and textures while tracking basic activity and sleep.

Cost: \$99.99

Pro: "I was surprised that this was so stylish and slim!" says an editor.

Con: There's no screen on the device (you must monitor your progress through an app on your smartphone). "I wish I could just look down at my wrist and see how many calories I've burned."



Celeb fan
Hannah Bronfman



By Stephanie Emma Pfeffer